

Lana's Dance Studio 2018-19 Class Schedule

Preschool Classes

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| Preschool 1 Dance - Ballet Tap Jazz | Monday 4-5 |
| Preschool 1 Dance - Ballet Tap Jazz | Monday 5:30-6:30 |
| Preschool 1 Tumbling | Monday 5-5:30 |
| Preschool 2 Dance - Ballet Tap Jazz | Monday 4:30-5:30 |
| Preschool 2 Tumbling | Monday 5:30-6 |
| Preschool Boys Tumbling | Wednesday 5-5:30 |

Beginner A5-8

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|-------------------------|-------------------|
| Dance - Ballet Tap Jazz | Tuesday 4-5 |
| Hip Hop | Tuesday 5-5:30 |
| Tumbling | Tuesday 5:30-6:30 |

Intermediate A5-8

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|-------------------------|----------------|
| Dance - Ballet Tap Jazz | Tuesday 4-5 |
| Hip Hop | Tuesday 5-5:30 |

Beginner/Intermediate A9 & up

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|-------------------------|-------------------|
| Hip Hop | Monday 6:30-7:00 |
| Dance - Ballet Tap Jazz | Monday 7:00-8:00 |
| Tumbling | Tuesday 5:30-6:30 |

Cheer Prep (A11 & up)

Wednesday 4:00-5:00

Tumbling (skills required for class)

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| Boys A5 & up | Tuesday 5-5:30 |
| Beginner A5-8 | Tuesday 5:30-6:30 |
| Beginner A9 & up | Tuesday 5:30-6:30 |
| Int 1 (cartwheel, roundoff, handstand) | Tuesday 6:30-7:30 |
| Int 2 (front limber, standing backbend) | Tuesday 4:00-5:00 |
| Int 3 (backbend kickover and pull up) | Monday 4:00-5:00 |
| Int-Adv (front and back walkover) | Monday 6:00-7:00 |
| Advanced (roundoff backhandspring) | Monday 7:00-8:00 |
| Super-Advanced (series, tuck) | Monday 8:00-9:00 |
| Elite (layout, half) | Monday 8:00-9:00 |

Competition Team - (Classes available thru teacher approval only)

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|---------------------------------------------|-----------------------------------------|
| Sweethearts Wednesday 4-5:30 | Sweethearts Comp Hip Hop Wed 5:30-6 |
| Petites Wednesday 4-5:30 | Showstoppers Wednesday 4-5:30 |
| Petite Showstoppers Comp Hip Hop Wed 5:30-6 | |
| Superstars Tuesday 5:30-7:30 | Dazzlers Tuesday 5:30-7:30 |
| Juniorettes Tuesday 5:30-7:30 | Juniorettes Comp Hip Hop Tues 7:30-8:00 |
| Superstars Dazzlers Comp Hip Hop Tuesday | 7:30-8:00 |
| Adv. Comp Hip Hop Wed 6:30-7:00 | Seniors Tap Wednesday 5:30-6:00 |
| Juniors Wednesday 7:00-9:00 | Seniors Wednesday 7:00-9:00 |

Advanced Pointe

Wednesday 6-6:30